## Faiths United to End Childhood Obesity

United Methodist Building, 100 Maryland Avenue, N.E., Washington, DC 20002

September 21, 2011

The Honorable Office of the Governor Address City, State, Zip

Dear Governor \_\_\_\_\_:

We are writing to you as national leaders of America's faith community to strongly urge you to implement Coordinated School Health (CSH) statewide to address the childhood obesity epidemic. As a result of our work with the Campaign for Healthy Kids and Faith United to End Childhood Obesity, a consensus has grown to prioritize the implementation of CSH across the country.

The Coordinated School Health model was developed by the Centers for Disease Control (CDC) to provide communities with a framework for managing new and existing health-related programs. CSH maximizes the benefits of health and wellness programs for all children through community partnerships with businesses, faith-based organizations, foundations, educational institutions and medical/health professionals.

Tennessee is recognized as a national Coordinated School Health leader. Tennessee's CSH successes include a 2% decrease in childhood obesity rates. In 2008-2009, 8,000 fewer children were classified as overweight and obese compared to the previous year. Great strides were made in improving the quality of food and drinks sold in schools and Tennessee has been recognized nationally for these improvements. This coordinated approach has also led to unprecedented community partnerships crucial to building support and sustainability for the model. Tennessee is funded through bi-partisan efforts to support optimal health for children that translate into reduced obesity rates, improved attendance, improved academic performance, decreased high school dropout rates and enhanced economic outcomes for the state. Tennessee is investing in its children and their future. We believe that the successes of Tennessee's Coordinated School Health approach can be replicated and we encourage you to invest in the children of

More than one-third of our nation's children are overweight or obese. Over the past four decades the obesity rates for children ages 6 to 11 have quadrupled. The childhood obesity epidemic poses a real threat and is leading to a generation of children that will have shorter life spans than their parents. National faith leaders are actively engaged in efforts to reverse the childhood obesity epidemic by encouraging all states to implement a comprehensive CSH model. We do not want the futures of our faith communities defined by children succumbing to obesity related illnesses like cardiovascular disease, type 2 diabetes, asthma, osteoporosis and social and psychological problems.

Please support statewide implementation of Coordinated School Health as a first step in stemming the tide of childhood obesity in \_\_\_\_\_\_. Children are our future and we must unite in efforts to address the plague of obesity. CSH promotes healthy lifestyles for our children, including promoting healthy eating and increasing opportunities for physical activity, which can lower the risk of becoming obese and developing related diseases. We hope and pray you will hear our call.

Sincerely,

Jan E Winles

James Winkler Chair, Faiths United to End Childhood Obesity General Board of Church and Society, United Methodist Church

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