



Religion

a member interest group of the

Academy of Nutrition and Dietetics

The Religion Member Interest Group of the Academy of Nutrition and Dietetics (Academy) in collaboration with [Health Ministries Association](#) is pleased to invite you to attend this complimentary webinar. Registration is required.

Title: Health Ministry Teams, Faith Community Nurses and Nutrition Professionals: Collaborating in Places of Worship

Speaker(s): Alyson Breisch, MSN, RN-BC and Mary Niester, MPH, RD

Date: December 8, 2020

Time: 7-8pm EST

Registration Link: : <https://bit.ly/36DKout>

(Registration deadline: Monday, December 7, 2020 at 5pm CT)

Objectives

Objective 1: Provide an overview of health ministry/Faith Community Nursing

Objective 2: List 2 benefits of health ministry/Faith Community Nursing in a place of worship

Objective 3: Name 3 areas where a dietitian can be a valuable asset to a health ministry/Faith Community Nursing program

Performance Indicators

PI 1: 12.3 Develops a community and population health program or intervention to meet the needs of the community and/or population.

PI 2: 12.4 Implements community-based and population-based programs and/or interventions in collaboration with stakeholders.

PI 3: 1.3 Applies customer-centered principles in practice.

CPEU: 1.0 - for dietitians only

CPE Level: Level 1

Speaker Bio

Alyson is a nationally recognized faith community nursing and health ministries consultant. She was employed as a faith community nurse for 19 years and is a retired commissioned minister for congregational health in the United Church of Christ denomination. Alyson's advanced nursing practice included Clinical Nurse Specialist and Nurse Practitioner positions at Duke Heart Center and adjunct faculty at Duke University School of Nursing and Duke Divinity School. Alyson directed the Duke Health and Nursing Ministries graduate degree program for 8 years and developed a faith community nursing curriculum she continues to teach nationally. Alyson established the North Carolina Nurses Association (NCNA) Faith Community Nursing (FCN) Council. In 2015, she was awarded the NCNA Nursing Impacting Society award. She achieved ANCC certification by portfolio in faith community nursing in 2015. In 2017, she received HMA's Wilkerson-Droege Award in recognition of her vision, creativity, and faithfulness to the faith and health movement. Alyson was selected by The American Nurses Credentialing Center to receive the 2019 Certified Nurse Award in Faith Community Nursing. Alyson has an extensive background in the use of narratives and expressive writing in health ministries. She has led national workshops and retreats on journaling, life review, and spiritual renewal. She was lead editor for revision of Faith Community Nursing Scope and Standards of Practice, 2nd edition, and 3rd edition. She has served as an advisor to two Doctor of Nursing Practice (DNP) students; most recently advising a DNP student on use of spiritual reminiscence in persons with dementia.

Speaker Photo



Speaker Bio

Mary is currently the Southeast Michigan Site Coordinator for St. Joseph Mercy Health System's Diabetes Prevention Program. Prior to this position, she had worked as a Nutrition Specialist at IHA, one of the largest multi-specialty medical groups in Michigan and held clinical dietitian positions at the University of Michigan Medical Center (now Michigan Medicine) and Oakwood Health Care System (now Beaumont Health). Mary is a past-President and current Delegate of the Michigan Academy of Nutrition and Dietetics and has served in numerous positions prior with that organization. She has held a number of positions within the Academy of Nutrition and Dietetics, including Treasurer and current Membership Chair of the Diabetes Dietetic Practice Group and Newsletter Editor of the Religion Member Interest Group. She completed her Bachelor of Science degree at Central Michigan University,

her Master of Public Health degree at the University of Michigan and is a graduate of the AP4 Dietetic Internship at the Oakland County Health Department in Pontiac Michigan.

Speaker Photo



Webinar Short Description:

This webinar will explore the relationship between faith and health, especially how Registered Dietitians and other qualified nutrition professionals can be vital resources in a health ministry program.

Synopsis:

The focus of healthcare today is a shift from treatment to prevention. One aspect of improving the health of an individual or community, assisting in the management of chronic disease or being a valuable resource for underserved populations is by partnering with places of worship. This webinar will explore the relationship of faith and health and look at how Registered Dietitians and other qualified nutrition professionals can be vital resources in a health ministry or Faith Community Nursing program. This webinar will look at standards and best practices, collaboration models and provide valuable takeaways that can be implemented in any faith based space.

Alyson will illustrate how the Scope and Standards of Faith Community Nursing provide the foundational structure for Registered Nurses promoting health within the context of a faith community's values, beliefs, and practices. She will also discuss health ministry responses to address the impact of lifestyle choices, environmental and socioeconomic factors, and normal life cycles on health and wellness across the life span.

Mary will introduce HMA members to the Academy of Nutrition and Dietetics Religion Member Interest Group and discuss the nutrition professional's role in the Faith Community Nursing/Health Ministry (FCN/HM) model of care coordination, health care/nutrition education and the relationship between food and faith. Examples will be provided of her role and the role of other RDNs in FCN/HM programs across the country.

These presentations will be followed by a period of Questions & Answers.