Wesley Theological Seminary's
Heal the Sick program presents a

FALL 2017

Online Health Minister Certificate

A 10 week introductory educational program in whole person health

The Online Health Minister Certificate

- Equips and trains faith community members, clergy, public health professionals, social workers, chaplains, and others to support whole person health in many settings.
- Provides foundational language, concepts, critical thinking, self-care, and asset mapping skills in faith and health
- Explores different health ministry roles and models in numerous faith and health settings.
- Curriculum based on national best practice models and standards outlined in the Health Ministries Association's publication "The Health Minister Role: Guidelines and Foundational Curriculum Elements".

WHEN: Weekly modules – Sept. 10th- Nov. 18th, 2017

LEARNING FORMAT:

- 10 Weekly online Learning modules
- Each module is 1 ½ hours - 2 ½ hours
- Online Orientation – Sept. 3rd – Sept. 9th
- 22 contact hours for entire certificate
- Webinars offered for enhanced learning

PROGRAM TUITION COST:

$450 per person (maximum of 30 people)
$25 Non-refundable registration fee

REGISTRATION – June 15th – August 18th, 2017

A Limited Number of Scholarships Are Available

Certificate Registration direct web link: https://goo.gl/CBNVE8

For certificate module descriptions, see the back of this flyer.

Note: All 10 online modules must be completed to obtain certificate

Certificate contact hours are not transferable to any Wesley Seminary graduate degree.

WESLEY THEOLOGICAL SEMINARY

For more information, please visit
www.wesleyhts.org
Click on "Online Health Minister Certificate"

HEAL THE SICK
WESLEY THEOLOGICAL SEMINARY

Brief Overview of the 10 Online Health Minister Modules

Introduction to Faith and Health
Participants in this introduction module will develop a common language, concept, and understanding of faith and health. Participants will explore assumptions of health and wellness, definitions of individual and community health, and defining foundational tenets of health ministry. A brief history of health ministry will be covered.

Nutrition and Wellness: Becoming the Best Version of You
The purpose of this module is to give participants a practical and concise introduction to nutrition and wellness and to demonstrate how keeping the body healthy is a part of being faithful to God. A self-assessment tool will help participants increase their awareness and understanding in how to care for themselves.

Understanding Chronic Diseases & Its Relationship with Whole Person Health
In this module, participants will learn about leading chronic diseases and their risk factors. The goal of this module is to educate participants on the leading chronic diseases and their risk factors so that participant can improve his/her own health, as well as the health of others, and more effectively direct individuals to appropriate services based on their symptoms and risk factors.

Health Ministry Models – Models of Practice, Support, & Networking
This module will help participants to examine various health ministry models through a multitude of lenses from faith communities and community and hospital based networks. Common health ministry models will be explored, such as faith community nursing, health ministers, and congregational health and wellness committees. Essential tools in building a health ministry will be discussed. Participants will explore health ministry tools that help congregations improve coordination and communication between different ministry models.

Communicating and Organizing for Health Ministry
This module will introduce how to develop critical thinking, participatory learning, and community organizing strategies and styles for whole person health. This module will explore also what active listening is and how active listening truly assists a person in the helping relationship. Active listening techniques and roadblocks to communication will help participants understand the dynamics of healthy interpersonal communication. Participants will have an opportunity to view and comment on sample role plays that use various listening techniques.

Health Insurance & Health Policy: Navigating the Healthcare System
This module will provide a brief overview of the health insurance and health policies and their impact on various groups, such as primary care providers, hospitals and faith communities. Participants will engage in an interactive discussion on how congregations, faith leaders, health ministers, and faith community nurses will play critical roles in educating congregants and the community about how to access the right health care at the right time and the right place. Participants will learn about healthcare laws impacting nonprofit hospitals and how this may impact their work with communities, especially faith communities.

Advance Care Issues: End of Life & Palliative Care
Participants will discuss advance care issues and end of life terms and resources, such as hospice, advance directives, and living wills. Also participants will discuss how their faith community can take approaches regarding this topic to provide resources and supports for their congregants.

Mental Health: Raising Understanding & Decreasing Stigma for You and Your Faith Community
This module will explore the role of the faith community in raising awareness and attention to the important topic of mental health. Participants will discuss mental illness and how it impacts the life of a faith community as a healing place. We will explore how faith communities and faith leaders can approach this topic and what resources and supports they may offer their congregants. Mental Health First Aid training (youth and adult) will be discussed.

Spiritual & Self-Care Practices for Health Ministry
This module will help participants reflect upon their life and ministerial experience. Participants will learn about different spiritual practices including practicing mindfulness and theological reflection. Participants will explore how their pastoral, professional, and personal experiences in health ministry relate to God, others, and their individual spiritual formation. Engaging in regular spiritual self-care is emphasized in this module.

Accountability, Professional Responsibility, and Legal Considerations
This module will explore how a health minister's decisions and actions reflect and are guided by client, personal, and professional ethical considerations. Ethical concerns in health ministry include the principles of client autonomy, the right of self-determination in health care decisions, confidentiality, beneficence/non-malfeasance, the obligation to do good and not to do harm, & the distribution of limited resources. In addition, health ministers ought to consider the virtue ethics, such as caring, forgiveness, and compassion, in their decision making. Case studies will help participants understand liability and accountability issues in various contexts and settings.