

## Pittsburgh Mercy Parish Nurse & Health Ministry Program offering



### *Health Ministry Virtual Meetings... Peer Support, Learning & Conversation*

**Beginning in August 2020**

**(3rd Tuesday evening of every month)**

**Goal:** To emphasize the importance of networking, fellowship, learning and peer support for faith community nurses and health ministers as they assist their congregations and local community to better health and well-being.

**Target Audience:** Faith Community Nurses, Health Ministers, Registered Nurses, Licensed Practical Nurses, Clergy/Laity, and anyone interested in learning about *wholistic care* (whole-person health) approach as we commit to health advocacy and education of others.

**Content Discussion:** Focusing on the intentional care of the spirit, the promotion of whole-person health, the prevention of disease, creative ministry programming, and current challenges in ministry, each monthly session will invite participants to a specific topic of interest. From the Mercy Parish Nurse Team, one of our health ministry specialists will be the lead facilitator and will invite participants to a brief learning activity such as a PowerPoint presentation, a video clip, a short article, or a case study. At the beginning of each session, the lead facilitator will give 2 learning objectives. She will then highlight specific points for clarity, learning, exploration, and group discussion. The lead facilitator will offer suggestions and some answers to questions that arise, but the best forum will be in peer discussion and brainstorming. Depending upon the number of participants, the lead facilitator will use virtual break-out rooms to allow for small group discussion to occur. Also, the lead facilitator will offer more educational tools and resources to be added to our health ministry “toolbox” for future use with clients ranging from individuals, families, faith community, and/or local community residents. Each participant will be asked to complete an evaluation within 10 days after the session. Participants can suggest topics of interest for future virtual sessions, or contact the Mercy Parish Nurse Ministry Team for a follow-up virtual mentoring session.

#### **Specific Points to share about our time together:**

- ◆ Allow time and space for expression of ideas, suggestions & concerns
- ◆ Questions are encouraged... there is no foolish question
- ◆ No need to be present at every session
- ◆ Doesn't matter if you are a novice or expert
- ◆ Safe, non-threatening learning environment
- ◆ No cost for sessions or provided written materials.

#### **Registration must include:**

- 1) First & last name
- 2) Date & time of desired session
- 3) Email address
- 4) Phone number
- 5) Role/title and name of faith community and/or organization

**Registration is required** in order for each participant to receive the Zoom link, meeting ID, password, and agenda. Dial-in option is available. **Each meeting begins at 7:00 pm ET and will last one hour.** Registration deadline is by 3:00 p.m. ET (Easter Time in US and Canada) on the date of your choice. Space is limited, so early registration is suggested. For questions or to register send email to [ParishNurse@pittsburghmercy.org](mailto:ParishNurse@pittsburghmercy.org) or call **412.232.5815** and leave a clear and detailed message.

**\*The 2020 dates are the following: August 18 (“Current Concerns & Challenges of COVID”), September 15, October 20, November 17, and December 15. Mark your calendars now! Please join us for this time together of encouragement and support.**