

HEALTH MINISTRIES ASSOCIATION

34th ANNUAL CONFERENCE

**Awaken Your Heart:
*Be Empowered, Be Encouraged, Be Energized***

October 16, 2024 – 3 to 6:30 PM Eastern Time

Conference Agenda – Day 1

Reviving Health Ministry

Deb Fell-Carlson, BSN, RN, MSPH

Marcy Shanks, MS, MEd, RN

The Foundation of Health Ministry Work –

WHO, WHAT, WHERE, WHEN, WHY, & HOW

Faith Community Nurse Focus

Cari Moodie, BSN

Nancy Romanchek, MPH, BSN, RN, CHPN

Health Minister Focus

Nia Davis, Ph.D.

October 17, 2024 – 3 to 6:30 PM Eastern Time

Conference Agenda – Day 2

Resilience After Trauma

Dr. Harold Koenig, M.D.

NAMI FaithNet: Bridges of Hope

Jessica Kushner, Certified Peer Support Specialist (CRPS)

Speaking from the Heart: Stories of Resilience

PANELISTS: Deb Rivard, MSN-Ed, RN-BC

Fe Anam Avis, BS, M.Div., and Rev. Erika Bailey

**This activity has been submitted to the American Holistic Nurses Association for approval to award contact hours. The American Holistic Nurses Association is accredited as an approver of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.*

**October 23, 2024 – 3 to 6:30 PM Eastern Time
Conference Agenda – Day 3**

Mindful Hydration and Intuitive Eating

Jing Lui, MNS, RD, M.Div.

Innovations in Heart Health

Christopher Sylvain, R.Ph.

FAN – Faith, Activity, Nutrition

Denise Viker, BSN, RN

**October 24, 2024 – 3 to 6:30 PM Eastern Time
Conference Agenda – Day 4**

Presentation of 2024 Award recipients

Annual Meeting

Vanessa Burks, MSW, President of HMA

The Heart & Brain Connection

Lanet Owen, BSN, RN-BC Faith Community Nurse

Breathing for Health & Longevity

Trish Brewer, BBA, Certified Breathwork Coach

**NETWORKING BREAKOUT ROOMS DAILY
AT CLOSE OF PRESENTATIONS - 6 PM ET**

**This activity has been submitted to the American Holistic Nurses Association for approval to award contact hours. The American Holistic Nurses Association is accredited as an approver of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.*