



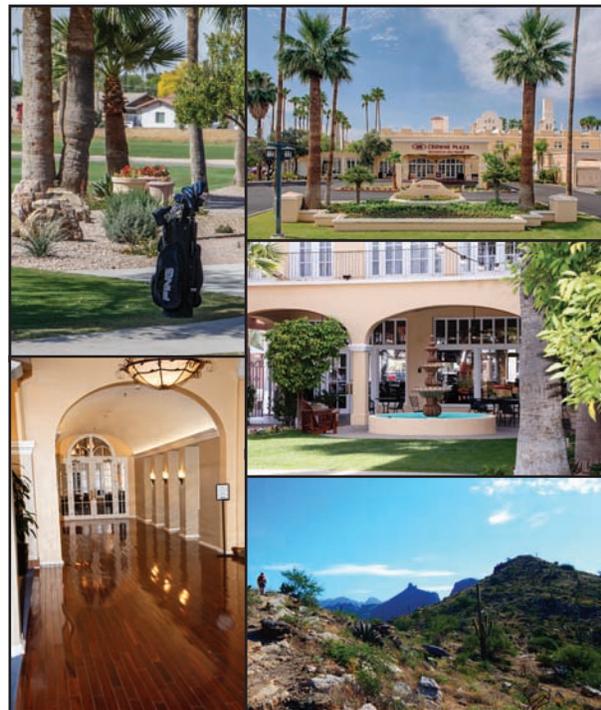
HEALTH MINISTRIES ASSOCIATION Annual Meeting and Conference

September 12 – 14, 2016
Crowne Plaza San Marcos Resort
Chandler, Arizona

The Journey to Wholeness – Faith Leaders Meeting Community Health Challenges

Conference Objectives:

- ▲ Provide opportunity to network with health ministry and faith community nursing colleagues, program leaders, clergy, and community leaders from across the nation whose work occurs at the intersection of faith and health.
- ▲ Examine how faith and collaboration motivate our journey to wholeness for vibrant faith communities, healthy local communities, a peaceful human community, and a thriving earth community.
- ▲ Showcase unique approaches of collaborative partnerships that have positively impacted the health needs and outcomes of communities.



website - HMAssoc.org



HEALTH MINISTRIES ASSOCIATION, INC.

2016 Annual Meeting and Conference

The Southwest Welcomes You...



It gives me great pleasure to invite you to attend the 2016 Health Ministries Association Annual Meeting and Conference. This year our conference will take place at the Crowne Plaza San Marcos Golf Resort in Chandler, AZ. I am appreciative of the time and effort our Annual Conference Planning Committee in concert with the Local Host Committee has dedicated to producing this solid and well-rounded educational event. Using feedback from attendees of the 2015 conference, the task groups developed new and innovative learning opportunities, such as the “Extraordinary Experiences”, our Monday morning offerings. This year’s conference has a new schedule, offering more time to network and time to catch up with old friends while making new ones.

These task groups continue to raise the bar of educational offerings, ensuring there is something for everyone, whether you are just starting to explore this ministry or are a seasoned expert.

The city of Chandler, Arizona is one of the fastest growing cities in the country, with its downtown being a vibrant, walkable destination brimming with activity. Nearby are fabulous restaurants of every cuisine, eclectic art galleries, premier shopping, tons of fun activities -plus the benefit of near perfect weather. Amidst it all are gathering spaces and public art that tie the city together in beauty and harmony. No wonder we chose this amazing location as the setting for this year’s conference *Journey to Wholeness – Faith Leaders Meeting Community Health Challenges*. I know you will be inspired by the topics and trends we’ve identified and the speakers who begin the conversation on September 12-14, 2016.

Our conference has a lot of great sessions and events, but I want to point out one of the latest traditions for HMA. This will be the third year for the “Peace Breakfast” on Wednesday morning with Sr. Joan Brown, OSF whose topic is *Earth Care, Soul Care, and Health Care*. This is going to be an opportunity to hear from a renowned leader who works and collaborates with many local and national organizations in addressing creation care. Sr. Brown has worked with various non-profits in Colorado and New Mexico, including the Peace House, a shelter for women living on the streets in Colorado Springs. This year’s Peace Breakfast will be followed by an interactive session for our attendees to embrace the necessary changes needed to be good stewards of the gifts that God has given all of us. This goal is worthy – the impact will be real.

I encourage you to closely review this brochure because you will not want to miss out on any of the excitement that this year’s conference offers. Enthusiasm for this year’s conference is growing and many hotel rooms have been booked preceding our registration being open. We anticipate our hotel block will sell out, so please complete your conference registration and make your hotel reservations soon.

What gifts, wisdom and potential for growth lies in this HMA gathering of faith and health leaders each year. This is going to be the perfect oasis for being mindful, receiving wisdom, and celebrating the many gifts I am sure are in store for us. I look forward to seeing you in Chandler!

Marlene Feagan, President

P.S. Don’t forget to pack your sunscreen and shades!

Conference was well organized with a variety of helpful and thought provoking information. Seeing the recovery from Katrina and the creativity and resilience of the people of the storm is inspiring! – 2015 conference attendee

website - HMAAssoc.org



HEALTH MINISTRIES ASSOCIATION, INC.

Conference Location

Crowne Plaza San Marcos Golf Resort
One North San Marcos Plaza
Chandler, Arizona 85225
www.SanMarcosResort.com
480-812-0900

Join Us in Chandler!
(a suburb of Phoenix)

HMA is excited to bring the 2016 annual conference to Arizona for the first time!

Like many areas in the United States, Chandler, AZ and indeed the San Marcos Resort are steeped in rich history. 1912 was the year Arizona became the 48th state and the year Dr. Alexander J. Chandler founded the small town south-east of Phoenix that bears his name. It was also the year that he began building his dream... an oasis in the desert, a resort that would tempt the rich and famous from all over the world to return to Chandler year after year.

Conference Hotel

The San Marcos was named after Friar Marcos DeNiza, who is said to have visited the Chandler area in 1539 while searching for the mythical "Seven Cities of Cibola." When it opened in 1913, the San Marcos was the first Arizona resort to boast a full complement of resort amenities from golf and tennis to horseback riding and polo. For the more genteel, there were afternoon teas, bridge, shopping and social gatherings that grew into an international Who's Who.

The original San Marcos Resort was part of a master design to create a totally planned community. The design was provided by an architect from Southern California, who was an authority on California mission design. As a result, the San Marcos remains the best example in Arizona of a completely integrated Mission Revival design.

The resort recently completed a 12 million dollar renovation in 2013, with 3.9 million for the golf course and clubhouse alone. This historic resort is located on 123 acres in downtown Chandler and has undergone a renovation of all guestrooms, meeting rooms, public space and everything in between. The San Marcos Golf Resort is truly a premier choice for all travelers.



*Chandler
celebrated 100
years in 2012*



Amenities include:

- Complimentary Self-Parking
- Complimentary WIFI in guestrooms
- Complimentary WIFI in meeting rooms
- Resort Fee waived: USA Today, local telephone calls, 800 or toll free access up to sixty (60) minutes, first two pages of incoming faxes, in-room coffee and tea, in-room bottled water replenished daily, unlimited use of on-site fitness center and tennis courts limited to two (2) hours per day.
- Check-in time is 3:00pm or later, prior to 3pm will be given rooms as they become available.
- Check-out is 12:00 pm
- Group rate is extended 3 days prior/post event pending availability
- Complimentary shuttle (8 person van) available within 5 mile radius on first come first serve basis
- Outdoor pool and onsite Fitness Center

Being a guest of the Crowne Plaza San Marcos Golf Resort also means enjoying fun perks and discounts around the city of Downtown Chandler! Resort guests simply show their Crowne Plaza San Marcos Golf Resort room key at participating businesses and enjoy! Call the hotel for current information.

Room Rates: Our conference guest room rate is \$99.00 per nite plus taxes and fees. To receive the group rate, you must reference **HMA Annual Meeting and Conference** when you make your reservation. You can also **visit the hotel booking page** to reserve your room online.

Please note: the cut-off date for the group rate is August 12, 2016.

Ground transportation

The San Marcos is located approximately 20 miles from the Phoenix Sky Harbor Airport. The hotel has a discount with Super Shuttle for transport to and from the airport.

You can also call Super Shuttle directly at 1-800-258-3826 and use the code 65SZU to get the discount.

website - HMAAssoc.org



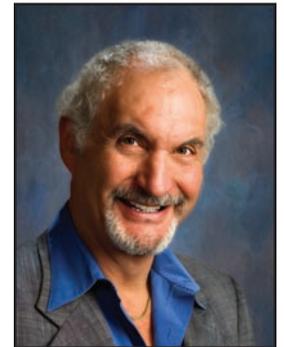
HEALTH MINISTRIES ASSOCIATION, INC.

Keynote Speakers



Cynthia Saver, MS, RN, is president of CLS Development. In her role she collaborates with clients to provide editorial management and presentations related to writing for publication, effective communication, and other topics. Cynthia has written for many publications such as *Nursing Management*, *Nurse.com*, *American Nurse Today*, *Journal of Nursing Regulation*, *American Journal of Nursing*, and *OR Manager*. The second edition of her book *Anatomy of Writing for Publication for Nurses* was published in 2014. Cynthia has more than 30 years' experience in nursing, including clinical practice in the critical and perioperative care units, pharmaceutical and device research, staff development, and management. She received her diploma from Aultman Hospital School of Nursing and her master's in nursing from The Ohio State University. Cynthia will address beneficial information to enhance our working for health in and through our faith communities in her presentation *Skilled Communication for Faith-based Professionals: Keys to Success!*

Dr. Carl Hammerschlag is a master storyteller and internationally recognized author, physician, speaker, healer, and humanitarian clown. A Yale-trained psychiatrist, he has spent more than twenty years working with Native Americans. He is an expert on community-based health care, how to survive in rapidly changing cultures, and is a leading authority in the practical applications of Psychoneuroimmunology (mind-body-spirit medicine). A faculty member at the University of Arizona Medical School, he is also the Chief of Community Mental Health at Gesundheit! Institute, and founder of the Turtle Island Project, a non-profit, multidisciplinary organization whose programs integrate the principles of mind/body/spirit medicine with Native American rituals and ceremonies. Dr. Hammerschlag's life work has been chronicled in four critically acclaimed books: *The Dancing Healers*, *The Theft of the Spirit*, *Healing Ceremonies*, *Kindling Spirit: Healing From Within*, and two children's books. He is a recipient of the National Caring Award. Selected by the Caring Institute of Washington D.C. from more than a quarter million nominations, the award honors "the ten most caring adults in America." In his presentations, Dr. Carl Hammerschlag brings his gift of storytelling, a wealth of legends, and unique insights which bridge the worlds of science, spirit, and culture. With poignancy and humor, he leads his audiences on a joyful journey that will stimulate and renew their creative potential.



Veronica Vital, PhD, RN, will speak to us about Community Collaborations for Positive Health Outcomes. She completed her PhD in Nursing from the University of Arizona and her major field of study was *Reducing Risks and Promoting Health in Vulnerable Populations*. She received both her BSN and MSN from Arizona State University and has 18 years' of nursing experience in research, Pediatrics, Women's Health, and Community Health. She is now an Assistant Professor at Chamberlain College of Nursing. Dr. Vital is currently the President of the National Association of Hispanic Nurses (NAHN), Phoenix Chapter (the largest chapter in the nation) and also serves on the National Board of Directors of NAHN. She is a member of the Board of Directors for the Academy for Allergy and Asthma in Primary Care and is a Community Advisory Board Member of the Maricopa County Public Health Department and Southwest Human Development Nurse-Family Partnership Program. Dr. Vital was recently selected as one of 15 leaders in the country to implement a physical activity and healthy diet program through the National Association of Hispanic Nurses. The program, which is called *Muevete USA*, was inspired by First Lady Michelle Obama's "Let's Move" campaign. Dr. Vital is a graduate of Valle del Sol's Hispanic Leadership Institute and the recipient of the Profiles of Success 2014 Latino Excellence in Health & Sciences Award.

website - HMAssoc.org



HEALTH MINISTRIES ASSOCIATION, INC.

Extraordinary Experience Sessions

Join an EXTRAORDINARY EXPERIENCE

As you probably noticed, some things have been altered for 2016 in our conference design. Change is good; it allows us to take a step back, reset and see where our creative flow may be in need of a recharge. Change can be one of our best sources of inspiration. We have decided to modify a few aspects of this year's gathering and one of those changes will begin on Monday morning.

Consider taking part in one of our three EXTRAORDINARY EXPERIENCES! These educational opportunities will refresh you on your life journey, give you new insight, and inspiration. All in a concise period of time and for only \$39.00 (includes continental breakfast and CE)!

A. Anatomy of Writing for Publication **Cynthia Saver, MS, RN**



Did you pass anatomy and physiology in nursing school? If so, you can write for publication! Learn how to find a great idea, narrow the topic, organize and write your article, and follow the publication process. Comparing writing to the workings of different organs such as the brain, heart, and kidneys, makes it easier to put your words on paper. Writing is an excellent

way to help people on a much broader scale and to further the reach of faith-based nursing. You can also use your writing skills in your quest to obtain certification in your chosen specialty.

See Cynthia's biography on the Keynote Speakers page.

B. Honoring the Diversity of Women: Inspiring Women of all Faiths – A Wise Woman Ceremony **Nancy L. Rago Durbin, MS BSN RN-BC**

As women, we represent a diverse gathering of beliefs, faith tradition, cultures, racial and ethnic backgrounds. We bring with us a variety of life experiences and stories. Though different in many aspects, as women, we share the bond of sisterhood and the commitment to serve through our various roles within health ministry.

Participants are invited to come together to build a



community of women to discuss how women have been and are currently viewed in "our various ministerial roles" and to provide ceremony to honor the "wise women" in our lives and within a healing ministry.

Nancy is the Director of Nursing: Faith Community Nurse Ministry & Faith Community Nurse Support Network at Advocate Health Care, Inc. where she directs and manages a system wide institutional based and sponsored Faith Community Nurse Program serving metro Chicago and central IL. She has an extensive background in nursing from critical care including ED, ICCU, SICU, PACU, nursing education, nursing administration and faith community nursing and health ministry. In 1991, she began her work in health ministry, serving as a parish nurse for then Lutheran General Health Systems, from 1991-1996. She has presented locally, nationally, and internationally on faith community nursing and health ministry. Nancy is currently chair of the Health Ministries Association Faith Community Nurse Mentor Program and is Director for Faith Community Nurses for HMA.

C. The Art of Moving Prayer **Dr. Anne Borik**

As a Catholic physician Dr. Borik has blended her medical expertise as an Internal Medicine physician with years of fitness experience as an Exercise Physiologist to develop the innovative program of 'Prayer in Motion'. The Sign Chi Do system incorporates breath, movement, intention and music with sign gestures that ultimately engage the mind, body and soul that can't be duplicated by other fitness programs. The results are amazing as she explores many beautiful prayers that will lead to a healthy, happy, holy relationship with God.

Dr. Borik is a friend of HMA and has previously presented this popular interactive technique that teaches us how to quiet the inner chatter and be more present in prayer and in daily life. She was voted one of *Phoenix Magazine's* top Valley Doctors and is a Hospitalist with Banner Health. Dr. Borik is also an author of numerous journal articles as well as the following books: *Sign Chi Do the Power of Mind and Body Fitness*, *Prayer Prescribed: A Path to Restoring and Preserving Your Well-Being* and *The Proof is in the Hummus*.





HEALTH MINISTRIES ASSOCIATION, INC.

Concurrent Sessions

Session One: Monday, Sept. 12, 2016 3:45 PM – 5:00 PM

1-A Ameldia R. Brown, BSN, M.Div: *A Perfect Match – Diabetes Prevention and Faith Community Nursing/Health Ministry*

This workshop will share the challenges, learnings and results of an initiative between Henry Macomb Hospital's Faith Community Nursing/Health Ministry Network, the Greater Detroit Area Health Council and the Macomb County Department of Health and Human Services to implement a grant from the Centers for Disease Control (CDC). Through this partnership a pending Diabetes Prevention Recognition Center was established. Evidenced based classes [CDCs Diabetes Prevention Program (DPP)] were implemented in congregations, physician offices and community centers. Diabetes prevention, hypertension and healthy lifestyle self-management was achieved.

1-B Denise Viker, BSN, RN, Christina Stage, PhD, Sharon Stanton, MS, RN: *Keeping Health Ministry Fresh and Relevant*

This workshop is an interactive session that introduces participants to tools and frameworks designed to increase the impact of Health Ministries. The presenters will review dynamic assessment, integrating spiritual tools and evidence-based curriculum resources, and formulate a concrete action plan. The plan will include evaluating the impact and how to report the good work of Health Ministry. Participants will break into small groups using case studies as a medium to discuss these tools and frameworks.

1-C Chrislyn Carson, BA, MS and Lois Peacock, MSN, RN: *Seniors in Transition, Maximizing Your Independence*

The Seniors in Transition program was designed as a small group ministry with 10-12 participants attending eight (2hr) sessions to help older adults maximize their independence. This workshop will demonstrate how concepts of faith and health can facilitate the journey towards wholeness for individuals, families and communities as well as collaborative action across faith communities. During this workshop an overview of the program will be provided along with hands on exercises to allow participants to actually experience elements of the program. Guidelines for implementation of a similar program will be provided.

1-D Joy Sharp, Outreach Program Coordinator, Armika Berkley, MPH: *The Memphis Model-Faith Centered Approaches to Health Navigation*

The "Memphis Model" is an innovative alignment of local hospitals, congregations and local community centers regionally to address health disparities by building capacity within those congregations and communities. The objective is to show that through engaging faith communities in collaborative partnerships, health providers can not only build capacity in local communities, but also map viable health assets. This workshop will provide a practical, sustainable strategy, to the deployment of faith centered health navigation to include resource allocation needed for effective social intervention to positively impact health outcomes.

Session Two: Tuesday, Sept. 13, 2016 10:45 AM – Noon

2-A Padma Taggarse, MMI, MBA: *The Time is Now to Take Control of Diabetes*

Diabetes is a serious public health concern in the country, affecting 29.1 million people. To address this scourge, the Centers for Medicare & Medicaid Services created *Everyone with Diabetes Counts* (EDC), a diabetes self-management education (DSME) and prevention program offering evidence-based diabetes training. In this workshop, the Health Services Advisory Group will discuss the EDC program explaining how to access no-cost training to become educators and showcase the partnership with faith community nurses in Tucson. Details will also be provided on how churches can offer six-week DSME trainings in their faith community.

2-B Cynthia Wacker, MSN/Ed Faith Community Nurse: *Faith and Health Community Model Toolkit*

This workshop will provide information needed on how Faith Community Nursing and Health Ministry partnered with Emory University and the Interfaith Health Program to provide a model and best practice approach for improving the health of those in need within a community. Outcomes will include identifying trusted leaders, building and maintaining trust, expanding relationships and presence, matching stories with data and sustaining collaboration. Workshop attendees will receive the toolkit and a process as to how it could be implemented in their own community and ministry.



HEALTH MINISTRIES ASSOCIATION, INC.

Concurrent Sessions

2-C Ronnette Sailors, BSN, RN, Faith Community Nurse: *Journey to Wholeness: A Quantum Perspective*

One's view of the world determines actions and actions affect the way one cares for oneself, others, and the planet. The new sciences (Relativity, Quantum Physics, and Chaos Theory) provide powerful images inviting one to go beyond what is seen and to be open to Mystery. Relating these theories to scripture and faith, quantum principles speak to the connectedness of all things and inherent wholeness. These themes are carried out in research around how happiness, gratitude, positive attitude, and heart coherence affect health. This workshop will culminate with various practices that can be utilized to promote healing and wholeness for self, others, and the earth.

2-D Veda Kowalski, PhD: *Beyond Our Walls: Engaging Faith and Healthcare Communities*

In this workshop, Interfaith Community Services (ICS) of Tucson, will share its collaborative model in providing the infrastructure and support for faith communities and healthcare agencies in meeting the needs of vulnerable adults transitioning from hospital to home. This session will focus on community engagement, process design, program implementation and evaluation. Learn step by step, how to build a program that brings together faith communities and healthcare agencies in providing support services beyond our walls.

Session Three: 3:15 PM – 4:30 PM

3-A Sharon T. Hinton, RN-BC, MSN, DMin: *Discovering God: Discovering Yourself Through Spiritual Journaling*

This interactive presentation is designed to explore the mechanics, benefits, and uses of journaling for healthcare providers. No writing experience is necessary to complete the activities and all participants will discover ideas and insights that will come to light that are applicable for a wide variety of clients and care situations. Techniques for personal and professional growth through self-discovery and healing through writing prompts will be covered. While based on Judeo-Christian beliefs, the various aspects of spiritual journaling are applicable to all religions and faith traditions.

3-B Anne Borik, MD: *Prayer is Oxygen for the Soul*

Dr. Borik is a friend of HMA and has previously presented this popular interactive workshop that teaches us how to quiet the inner chatter and be more present in prayer and in daily life. This workshop will help attendees learn how to bring a sense of God's presence to the sacred space both within and outside of oneself through SignChiDo technique; how to unlock the physiologic response in the body leading to a sense of calm and peace within, improving a sense of wellness and health.

3-C Peggy Matteson, PhD, RN-BC, CMCH: *Diminishing the Stigma of Mental Illness Through Health Ministry*

Members of our faith communities are not immune to the biological, psychological, and social factors that influence their mental health. This workshop will draw primarily on the resources developed through partnerships between faith leaders and community mental health providers to (1) provide resources for education about mental illness within a faith community, (2) communicate strategies to decrease the stigma that prevents people from sharing their stories with others, (3) provide information on how to respond to a person who shares a mental health issue, and (4) to use a worksheet to explore with attendees actions they may take to facilitate that no one suffers in silence.

3-D Cynthia Wacker MSN/Ed: *Faith and Health: Linking Hospitals and Local Faith Communities*

This interactive workshop will provide participants with techniques and strategies for developing and nurturing effective partnerships between local hospitals and faith communities. The presenter will share the strategy and lessons learned in developing and expanding the Healthy Church Initiative (HCI) that now includes relationships with over 50 churches across Colorado Springs and surrounding communities. A featured strategy includes Faith Community Nurses working in social service agencies targeting diverse and medically underserved neighborhoods.

Please note: Speakers are subject to availability; in the event that a speaker becomes unavailable, the conference planners reserve the right to schedule an alternate presenter while maintaining the integrity of the learning objectives.



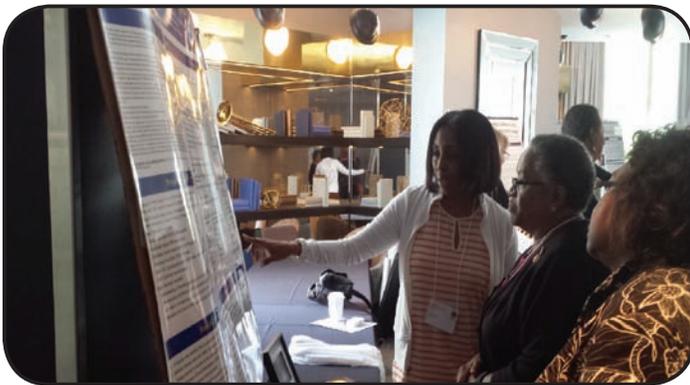
HEALTH MINISTRIES ASSOCIATION, INC.

Poster Presentations

Tuesday, September 13, 2016

1:30 PM – 2:45 PM

HMA has had a great response for the conference poster session from across the United States. Posters will illustrate various topics such as evidence based practice, health promotion and prevention, engaging communities, faith community nursing activities and much more. Join us for this exciting educational session as participants interact with the poster presenters to discuss their health ministry work.



2015 Poster Presentation, New Orleans LA

A Faith-Based Collaborative Approach to Increasing Hypertension Awareness

Presenter: Marcus M. Gaut, DNP, RN

Clergy and lay members of a multiracial and multigenerational Christian, rural congregation collaborated with a Faith Community Nurse to facilitate an initiative designed to increase hypertension status awareness among members and those served by the congregation. The poster will demonstrate how the collaboration supported positive health and faith outcomes within the participants.

Evaluating Faith Community Nursing Practice

Presenter: Nicole Ayer, BSN, RN-BC

All Faith Community Nurses are required to evaluate their practice. Coordinators are challenged to demonstrate the positive differences created by a network. The poster will share results as well as methods of data collection through the Henry Ford Macomb documentation system. This will include numbers of contacts, hours documented, community benefit dollars, and cost savings for clients. It will also show how educational classes affected

individuals and groups. Additionally, methods and results of preliminary research (from a Creighton University anthropology professor who studied the network for two years) showing how health ministries have impacted individuals and congregations will also be shared.

Exploring the Preceptor Process in the Faith Community Nurse Setting of Wesley Nurses

Presenters: Vicki Krcha, RN & Marlo Martin, RN

Faith Community Nursing is a unique role for nurses who may have spent their careers in a traditional setting. Research indicates that precepting is essential to promoting a successful learning foundation. Wesley Nurses changed from a procedural focus to an intentional holistic understanding and community collaboration to best serve the least served. Restructuring the Wesley Nurse precepting process is expected to provide the nurses with a more successful foundation to prepare them for a new role, improve retention, and build a stronger mentoring relationship.

Faith Community Nurse: Community Collaboration to Reduce Health Disparities

Presenter: Cheryl A. Mart, BSN, RN and Cynthia Bozarth, BSN, RN

Insight into developing outreach between organized healthcare systems and faith communities will be shared. A Faith Community Nurse Program Coordinator and a hospital based Faith Community Nurse administered a program to reduce health care disparities by providing flu vaccination clinics in the surrounding communities. The poster will outline the process used for collaborating. When faith communities are committed to building coalitions and partnerships, health communities are more attainable.



2015 Poster Presentation, New Orleans LA



HEALTH MINISTRIES ASSOCIATION, INC.

Poster Presentations Cont.

Finding Solutions through Collaboration

Presenter: Tammy Amerson-Wilson RN

Faith-based nurses find solutions to health disparities through creative, collaborative projects. This will be demonstrated by examples of how to build a strong partnership to address gaps in preventative healthcare, education, and safety. The process to identify unmet needs, survey community assets, develops relationships and data outcomes will illustrate economic impacts. The importance of sharing information, evaluating results and making recommendations ensure continued improvement in the collaborative process. The positive health effects of utilizing the skills, talents and assets of both organizations and individuals validates the importance of teamwork and collaboration.

Journey to Wholeness: Interfaith Community Collaboration to Support Older Adults

Presenter: Deborah Stankiewicz, MS, RN-BC, HTCP

The role of the Faith Community Nurse in the development of interfaith Community Partners, a grant-funded initiative with 7 churches to maximize the independence of older adults in the community will be described. Successful collaboration enhances problem-solving, maximizes resources, allows for diversity and individual gifts to be celebrated, fosters creativity and can promote healthy relationships. The poster will emphasize the roles of Integrator of Faith and Health, Health Educator, Personal Health Counselor, Referral Agent, Coordinator of Volunteers and Developer of Support Groups as essential elements in the success of the collaborative partnership.

Resources, Compassion and an Eagle Eye: The Impact of the Congregational Health Promotor Resource Guide on Previously unreached Faith Communities

Presenter: Andrea L Rose, BA

The results of an initiative to provide a 6 week training and resources to all Congregational Health Promotors who serve in faith communities will be demonstrated. Participants were trained on spotting health concerns and effectively communicating how to access resources to best meet the needs of the individual and congregation. The poster will cover the design, the population served, the outcome of this study and the implications for practice.

SEEDS: Seedlings Empowering the Community, Encouraging Healthy Eating, Dedicated to Body, Mind, and Spirit

Presenter: Kathy Brown, RN

This poster will demonstrate how a partnership of ministry teams and community leaders impacted and encouraged a healthy local community through a thriving Earth community. The teams encouraged congregation members to participate by donating small pots and seeds as the beginning of a garden. Each family that received plants got a tomato and a squash plant that would continue to grow in a container. They also received tips on healthy eating. This process included prayer and a blessing of the seeds and plants from the pastor giving the community the tools for success through the support to strengthen their food access.

The Role of Faith Community Nursing in Reducing 30 Day Readmissions

Presenter: Mary Jo Abbondanza, BSN, RN

By maintaining and optimizing communication with the patient, the family and the physicians, the Faith Community Nurse has the opportunity and the inclination to provide continuity of care outside the walls of the hospital. Statistics have shown that 49% of patients have not scheduled an appointment within a week of discharge. Additionally, 40% of discharged patients fail to take their prescribed medications correctly. It is estimated that 75% of these readmissions are preventable. Faith Community Nurses can impact these numbers in a very positive manner.



2015 Poster Presentation, New Orleans LA



HEALTH MINISTRIES ASSOCIATION, INC.

Conference Highlights

Monday, September 12, 2016

8:30 AM – 11:00 AM

NEW this year are the Extraordinary Experiences:

These educational opportunities will provide a refreshing and insightful approach in a concise period of time and for only \$39.00 with continental breakfast and nursing contact hours included!

12:00 Noon – 1:45 PM

Conference Opening, and Awards Luncheon: Our time together begins with prayer, lunch and the 2016 Awards presentations. The opening keynote session with Cynthia Saver, MS, RN will follow.

6:00 PM - 8:30 PM

Monday Dinner, Keynote and Entertainment: Evening highlights include a keynote presentation by Dr. Carl Hammerschlag and special entertainment with a cultural flair that will “put a smile on your face”!

Tuesday, September 13, 2016

7:00 AM – 8:30 AM

New Members Breakfast: Welcome to HMA! New members are important to us. We want a new member’s first organizational experience to be a great one and to know your involvement in HMA is valued. Please join HMA leaders and spend time getting to know others also new to the organization. Besides networking, opportunities will be provided to learn more about HMA, including both current and future plans.

12:00 Noon – 1:30 PM

Constituent Group Lunch Gatherings: HMA constituent groups provide focused, in-depth information and connect members with peers who share common interests, affinities and practice settings. Groups planned to meet include Faith Community Nurses, Health Ministers, Program Leaders and Spiritual Leaders.

4:45 PM – 5:45 PM

Annual HMA Membership Meeting: Both HMA members and non-members are encouraged to attend our annual meeting. Learn more about the

organization, network with colleagues and hear about new and upcoming plans.

5:45 PM

Explore Chandler and Phoenix! Your evening is open to see what this charming area has to offer. From art galleries to shopping, sightseeing and great food options, there are many choices at your fingertips. Check out information in the hotel, or visit downtownchandler.org for further information.



GIVE ME A BREAK!

Most of us are inundated with constant streams of information daily. We all need a little break from the madness, and so do our attendees. We have intentionally padded our schedule with some white space – to give our participants time to breath and reflect. We want you to return home refreshed and ready to focus.

Continuing Education

Dignity Health is an approved provider of continuing nursing education by the Arizona Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.



HEALTH MINISTRIES ASSOCIATION, INC.

Conference Highlights

Wednesday, September 14, 2016

7:30 AM – 9:00 AM: Peace Breakfast:

The theme for our 2016 Peace Breakfast is based on the care of the earth. The annual Peace Breakfast began at the 2014 conference and this year we are honored to have Sr. Joan Brown, OSF with us to address *Earth Care, Soul Care, Health Care*. Her insights will help us make the connections among our spiritual health, our physical health, and the health of the earth.

Sr. Joan Brown, OSF is a Franciscan Sister



whose community is based in Rochester, Minnesota. Originally from a farm in Kansas, her life has always revolved around love of and care for creation and social justice. She serves as the Executive Director of the New Mexico Interfaith Power and Light (NMIPL), one of 40 state affiliates of the national Interfaith Power

and Light founded by Episcopal Priest Sally Bingham. NMIPL educates and inspires faith communities; engages them in energy efficiency, sustainability, local food, and action for renewable energy; and advocates for various public policy concerns around climate justice and energy. She participated in the UN Climate Change meeting in Copenhagen, Denmark in December 2009 and at COP21 in Paris in December of 2015 as an official observer with the Franciscan's International NGO. She has written for various publications including *Catholic Update*, *US Catholic*, *National Catholic Rural Life Magazine* and *The New Theology Review*. She was one of twelve recipients of the 2015 White House Champions of Change award for faith leaders working on climate change.

Excellent program and flow of sessions. Thank you. It was an honor to be in New Orleans on the 10th anniversary of Katrina. - 2015 conference attendee

9:15 AM – 10:30 AM

What's next? Join us and enter into dialogue with your peers about our common home, the environment, from a faith perspective. This will give you an opportunity to share your thinking and planning for moral and spiritual transformation in our connection to the Earth's ecosystem. What kinds of planned activities and partnerships might you develop in your faith community or broader community? What successful strategies have you championed? You will leave this session with "tools for action" on this important topic.

10:45 AM – 12 Noon

Roll-out Session on New Publications: Be sure to plan your travel arrangements accordingly to attend this final presentation as we deliver the latest updates to the *Scope and Standards of Practice for Faith Community Nursing, 3rd EDITION* and the Health Minister Guidelines. Hear from the authors as these NEW documents are presented by the respective workgroups. These publications will have new sources of information for your practice settings along with suggestions about innovative ways to exchange this information nationally with your peers moving forward.

Spiritual care opportunities will be woven throughout the conference time. A multi-faith meditation room will be open throughout the conference. Early morning inspirational activities and morning worship times will provide times of spiritual grounding and growth.

Silent Auction

An old favorite returns to this year's conference. We are pleased to announce this fun event will once again be available. HMA members and others can donate an item such as jewelry, artwork, gift certificates, travel items, gift baskets, crafts, spiritual items and regional specialties – just to name a few! Watch for further details on the auction in upcoming monthly eblasts and on the conference page of the website.

website - HMAAssoc.org



HEALTH MINISTRIES ASSOCIATION, INC.

Conference Highlights

2016 Exhibits

High visibility to exhibitors will be available to participants throughout this year's conference. Both for-profit and not-for-profit organizations as well as government agencies have been invited to exhibit and several tables have already been secured. Exhibitors will offer a variety of resources relevant to your ministry. For complete information on exhibiting, please visit our [Conference page](#).



2015 Exhibitors



Registration Fees

Conference

Member - **\$410.00** Non-Member - **\$490.00**

Includes: registration, conference materials and dinner on Monday Sept. 12, 2016; continental breakfast and lunch on Tuesday, Sept. 13, 2016 and breakfast on Wednesday, Sept. 14, 2016.

Hotel accommodations are booked directly online with Crowne Plaza San Marcos Golf Resort www.SanMarcosResort.com or calling the reservation office at 480-812-0900; ask for **Health Ministries Association Conference** room block. See further information on previous brochure pages.

Extraordinary Experience Sessions

Choose one of three sessions A, B, or C:

\$39.00

Includes: registration for session, materials, continental breakfast and Continuing Education.

A-La-Carte Options

These options apply to those who do not want to attend the full conference or those guests that wish to attend some of the special events along with their conference registrant. These items do not include continuing education.

- Monday Night Dinner, Keynote & Entertainment, Sept. 12, 2016 - **\$60**
- Wed. Keynote & Peace Breakfast, Sept. 14, 2016 - **\$35**

Conference Sponsorships

HMA invites you to showcase your company or program at our 27th conference in Arizona through conference sponsorship. A variety of sponsor package opportunities are available on our upcoming conference page.

Your support enables HMA's vision to be realized by preparing a network of faith and health professionals to develop health ministries that bring needed resources to communities throughout the country. Your sponsorship also highlights for conference attendees your organization's commitment to building healthier communities through collaboration with groups and individuals engaging faith with health.

All sponsors will be listed in the conference program information.

*Outstanding and deeply interconnected programs -
2015 conference attendee*

website - HMAAssoc.org



HEALTH MINISTRIES ASSOCIATION, INC.

Conference Schedule

Monday September 12, 2016

- 7:00am – Noon Registration
 7:00am – 11am Exhibit Hall Set-up
 7:00am – 8:30pm Meditation Room Open
 8:00am – 8:30am Continental breakfast, Extraordinary Experience attendees
 8:30am – 11am Extraordinary Experience Sessions
 A. *Anatomy of Writing for Publication* - Cynthia Saver, MS, RN
 B. *Honoring the Diversity of Women: Inspiring Women of all Faiths – A Wise Woman Ceremony* – Nancy L. Rago Durbin, MS BSN RN-BC
 C. *The Art of Moving Prayer* - Dr. Anne Borik
 11:00am – Noon Break
 11:00am – 6:00pm Exhibit Hall open
 Noon – 1:45pm Conference Opening and Awards Luncheon
 1:45pm – 3:00pm Keynote Speaker – Cynthia Saver MS, RN – *Skilled Communication for Faith-based Professionals: Keys to Success!*
 3:00pm – 3:45pm Break
 3:45pm – 5:00pm Concurrent Sessions One
 A. *A Perfect Match – Diabetes Prevention and Faith Community Nursing/Health Ministry* – Ameldia R. Brown, BSN, M.Div
 B. *Keeping Health Ministry Fresh and Relevant* – Denise Viker, BSN, RN, Christina Stage, PhD, Sharon Stanton, MS, RN
 C. *Seniors in Transition, Maximizing your Independence* – Chrislyn Carson, BA, MS and Lois Peacock, MSN, RN
 D. *The Memphis Model-Faith Centered Approaches to Health Navigation* – Joy Sharp, Outreach Program Coordinator, Armika Berkley, MPH
 6:00pm – 8:30pm Dinner, Keynote Speaker - Dr. Carl Hammerschlag, and Entertainment

Tuesday September 13, 2016

- 7:00am – 5:30pm Exhibit Hall Open
 7:00am – 5:30pm Meditation Room Open
 7:00am – 8:30am Continental breakfast/Exhibits
 7:45am – 8:30am New Member's Welcome gathering
 8:30am – 9:00am Opening/Spiritual Reflection
 9:00am – 10:15am Keynote Speaker – Veronica Vital PhD, RN – *Community Collaborations for Positive Health Outcomes*

- 10:15am – 10:45am Break
 10:45am - Noon Concurrent Session Two
 A. *The Time is Now to Take Control of Diabetes* – Padma Taggarse, MMI, MBA
 B. *Faith and Health Community Model Toolkit* – Cynthia Wacker, MSN/Ed Faith Community Nurse
 C. *Journey to Wholeness: A Quantum Perspective* – Ronnette Sailors, BSN, RN, Faith Community Nurse
 D. *Beyond Our Walls: Engaging Faith and Healthcare Communities* – Veda Kowalski, PhD
 Noon – 1:30pm Networking Lunch/Constituent group gatherings
 1:30pm – 2:45pm Poster Presentations
 2:45pm – 3:15pm Break
 3:15pm – 4:30pm Concurrent Sessions Three
 A. *Discovering God: Discovering Yourself Through Spiritual Journaling* – Sharon T. Hinton, RN-BC, MSN, DMin
 B. *Prayer is Oxygen for the Soul* – Anne Borik, MD
 C. *Diminishing the Stigma of Mental Illness Through Health Ministry* – Peggy Matteson, PhD, RN-BC, CMCH
 D. *Faith and Health: Linking Hospitals and Local Faith Communities* – Cynthia Wacker MSN/Ed
 4:30pm – 4:45pm Break
 4:45pm – 5:45pm Annual HMA Membership Meeting
 5:45pm Evening Open for Denominational or Group Gatherings and other activities

Wednesday September 14, 2015

- 7:00am – 12:30pm Meditation Room Open
 7:30am – 9:00am Peace Breakfast: Sr. Joan Brown OSF – *Earth Care, Soul Care, Health Care*
 9:00am - 9:15am Break
 9:15am – 10:30am What's Next... a Follow-up to the Peace Breakfast!
 10:30am – 10:45am Break
 10:45am – Noon "Roll Out Session" on New FCN Scope and Standards/Health Minister Guidelines
 Noon – 12:30pm Conference Closing Session

You gathered excellent speakers this year – thank you for all the hard work!! – 2015 conference attendee



HEALTH MINISTRIES ASSOCIATION, INC.

Registration Process

Registration for the 2016 Conference will be done strictly online.

Visit <http://hmassoc.org/upcoming-conference/> and click on the “Register Now” button.

Registration Deadlines:

Completed registration with payment must be in the HMA office by Tuesday, August 23, 2016.

Registration cancellations for full refund will also be accepted through this date.

Substitutions allowed after Tuesday, August 23, 2016 if arranged by the participant.

General registration instructions:

1. Click on the link above (Upcoming Conference page) and then click on the “Register Now” button.
2. A separate window will open. Complete the registration including any optional items. Conference registrants only - please be sure to select your first option for all 3 concurrent sessions under the ‘Conference Session Selections, Extraordinary Experience Sessions & A-La-Carte Options’ section. Use a number ‘1’ in the box provided to signify your choice of A, B, C or D for each of the 3 concurrent sessions.
3. Select Payment Option:
 - ◇ Pay by check – This option can be used if you wish to pay by check instead of credit card and if you are submitting to pay through an organization with a check. Please make sure a copy of your email confirmation is included with ANY check sent for registration.
 - ◇ Pay with Paypal or Credit Card – This option will allow you to pay with a Paypal account or choose the guest option and pay with a credit card.
4. Review all of your selections under the ‘Payment’ section and if correct, click the ‘continue’ button to submit your registration.
5. You will receive an email confirmation; print a copy for your records and send a copy with a check if you choose that payment option.

A-La-Carte Options Extraordinary Experience Sessions (EES) Registration Instructions:

(These can be added to a conference registration or registered for separately)

- Adding Extraordinary Experience Session (EES) to a Conference Registration:
 - ◇ Follow steps 1 & 2 above, making sure to select your EES (A, B, or C) under the ‘Conference Session

Selections, Extraordinary Experience Sessions & A-La-Carte Options’ section.

- ◇ Then follow steps 3 – 5 to complete your registration.
- Select EES or other A-La-Carte Options Separately (This will not include any of the Conference Sessions unless you also choose Monday night dinner or Wed. morning Peace Breakfast, also available under the A-La-Carte Options)
 - ◇ Follow step 1.
 - ◇ Complete the registration form and make sure to select the ‘A-La-Carte Option Only’ under the ‘Fee’ section.
 - ◇ At the ‘Conference Session Selections, Extraordinary Experience Sessions & A-La-Carte Options’ section, choose an EES (A, B or C) and any other A-La-Carte options.
 - ◇ Then follow steps 3 – 5.

Guest Registration Instructions:

- Follow step 1 at the top.
- Complete the registration form and make sure to select the ‘Guest A-La-Carte Option’ under the ‘Fee’ section.
- At the ‘Conference Session Selections, Extraordinary Experience Sessions & A-La-Carte Options’ section, choose the Monday Dinner, Keynote & Entertainment and/or Wed. Keynote & Peace Breakfast. You are also welcome to register for any of the Extraordinary Experience Sessions (A, B or C).
- Follow steps 3 – 5.

Instructions to submit payment through an organization:

- Follow steps 1 & 2, including selecting your first option for all 3 concurrent sessions and should you choose to - adding an Extraordinary Experience Session.
- Select ‘Pay by check’ option under the ‘Payment’ section.
- Review your selections under this section and if correct, click the continue button to submit your registration.
- Print a copy of your confirmation email and make sure it is included with the organization payment.

***Notes:** All Optional Items and Conference registrations are not confirmed until payment is received by the HMA Office - P.O. Box 60042, Dayton, OH 45406.

HMA reserves the right to take photos and videos during the 2016 Conference for use in future promotion for HMA. If you do not want to be included in these photos, please email the HMA office at info@hmassoc.org.